

BOOMERS A TO Z

My Life, My Time, My Way



Hypertension and Health Crises:

What You Need to Know to Prevent the “Geriatric Cascade”

Guest speaker: Jamie E. Chapple, BSN, RN, RAC-CT

Tuesday, AUGUST 9, 2016

5:30pm to 7pm

Supper at 5:30pm for only \$6 - Spaghetti and Meatballs!

Speaker: 6pm to 7pm including a Q and A session.



Please register by August 5, 2016

(860)441-6785



Discover the Groton Senior Center

Ms. Chapple's current position is as a Resident Care Coordinator at Mystic Healthcare and Rehabilitation. Her expertise includes Medicare and Managed Care Case Management, Patient and Staff Education, Information Technologies and Nursing Administration and Leadership. A former student of Three Rivers Community College, she is a recent Summa cum laude graduate of the University of Texas at Arlington. She is a member of the American Nurses Association, the Connecticut Nurses Association, the North American Nursing Diagnosis Association, and the American Association of Nursing Assessment Coordinators. Ms. Chapple brings a wealth of eclectic knowledge and enthusiasm for health and wellness along the lifespan continuum.